

SUPPORT TO ACHIEVE YOUR BEST

This service offers you and your family support with any work or personal issue, including short-term professional counselling and connecting you to local resources to help you manage emotional, practical or physical needs.

THE SERVICE:

- is free - no cost to you
- is confidential
- is available in your language
- is available 24 hours a day, 7 days a week, 365 days a year
- can be accessed in multiple ways



TOLL FREE:
877 847 4525

Cellular or internet based calls may not be guaranteed. Please consider another access method listed here.



CALL-BACK:
+1 416 956 2979

Call us direct and we will return your call.



EMAIL:
support@resourcesforyourlife.com



WEBSITE:
www.resourcesforliving.com

USERNAME: Michaels Canada
PASSWORD: employee



SMS TEXTING:
+1 647 624 2840

Standard text messaging rates may apply. When emailing or texting, please include your name, your company, your country location, and the phone number where you can be reached.



Michaels[®]

aetna[®]

EMPLOYEE ASSISTANCE PROGRAM

Employee support is provided by Aetna Resources for Living. The organization is staffed by professionals who are completely independent of your employer. They are bound by professional standards regarding confidentiality, and do not disclose details of individuals who have contacted the service. Any information you share is at your discretion and will not be shared with your employer.